

**Parishes of Stainton with Hemlington,
Hilton and Brookfield
8th August –
10th Sunday after Trinity**

WELCOME TO WORSHIP AT HOME

Thought for the day

Just as bread is the visible form of life-giving nourishment, so Jesus is the visible form of God's life-giving love.

Susan Sayers

COLLECT

Let your merciful ears, O Lord,
be open to the prayers of your humble
servants; and that they may obtain their
petitions make them to ask such things as
shall please you;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. Amen

**A reading from the first book of Kings.
ch19.4–8**

Elijah recognises that even though he is emotionally and spiritually burnt out it is God who is leading and feeding him

4 Elijah went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: 'It is enough; now, O LORD, take away my life, for I am no better than my ancestors.'

5 Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, 'Get up and eat.'

6 He looked, and there at his head was a cake baked on hot stones, and a jar of

water. He ate and drank, and lay down again.

7 The angel of the LORD came a second time, touched him, and said, 'Get up and eat, otherwise the journey will be too much for you.'

8 He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God.

Psalm 34.1–8

R Turn from evil and do good.

1 I will bless the Lord at all times;
his praise shall ever be in my mouth.

2 I will glory in the Lord;

let the humble hear and rejoice. R

3 Proclaim with me the greatness of the Lord; let us exalt his name together.

4 I sought the Lord and he answered me and delivered me out of all my terror. R

5 Look upon him and be radiant,
and let not your faces be ashamed.

6 I called in my affliction and the Lord heard me and saved me from all my troubles. R

7 The angel of the Lord encompasses those who fear him, and he will deliver them.

8 Taste and see that the Lord is good;
happy are they who trust in him! R

A reading from the letter of Paul to the Ephesians. ch4.25 – 5.2

St Paul offers practical advice to keep us listening to and understanding God's teaching. There are practical hints like, not letting the sun go down on our anger and not letting the devil get even a toehold.

25 Putting away falsehood, let all of us speak the truth to our neighbours, for we are members of one another.

26 Be angry but do not sin; do not let the sun go down on your anger,

27 and do not make room for the devil.

28 Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy.

29 Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear.

30 And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption.

31 Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice,
32 and be kind to one another,
tender-hearted, forgiving one another,
as God in Christ has forgiven you.

1 Therefore be imitators of God, as beloved children,

2 and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

Hear the gospel of our Lord Jesus Christ according to John. ch6.35, 41–51
Jesus knew that what he was saying would be hard for many to accept or understand, but he also knew that it had to be said.

35 Jesus said to the crowd, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'

41 Then the Jews began to complain about him because he said, 'I am the bread that came down from heaven.'

42 They were saying, 'Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, "I have come down from heaven"?'

43 Jesus answered them, 'Do not complain among yourselves.

44 No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day.

45 It is written in the prophets, "And they shall all be taught by God." Everyone who has heard and learned from the Father comes to me.

46 Not that anyone has seen the Father except the one who is from God; he has seen the Father.

47 Very truly, I tell you, whoever believes has eternal life.

48 I am the bread of life.

49 Your ancestors ate the manna in the wilderness, and they died.

50 This is the bread that comes down from heaven, so that one may eat of it and not die.

51 I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

Prayers of intercession

Everlasting God Help us to understand the way that you would like things to be done and to be ready to follow your ways until we too can enter the wide open doors of heaven. Help us to be aware of the needs of our sisters and brothers in Christ. Help us to love our neighbours as ourselves, as

we offer our thanks and our intercessions on behalf of the church here in these parishes and throughout the world. Bless and guide our Vicar, Claire and all leaders and ministers; especially Archbishop Stephen, Archdeacon Amanda, Bishop Paul and Area Dean Tessa.

Lord, in your Mercy: Hear our Prayer

Creator God, you call us all to love and serve you with body, mind, and spirit. Help each of us to demonstrate our love for your creation and the world in the way that we live. We remember with concern all who are affected by the many instances of natural disaster around the world. Open the hearts of those with power both elected and non-elected and give them compassion in all that they do for the good of the people that they lead.

Lord, in your Mercy: Hear our Prayer

Creator God we pray for all people on holiday this Summer despite the on-going restrictions imposed because of the Pandemic. Thank you for the refreshment that holidays bring, for the freedom from routine and for new experiences and opportunities. Thank you for the gift of your wonderful creation. Help us to see and hear the beauty all around us and help us to be good stewards of your world.

Lord, in your Mercy: Hear our Prayer

Loving God friend of those in need, your Son Jesus has healed so many in body, mind and spirit. We hold before you those seeking healing; from loneliness, poverty, illness of body, mind or spirit particularly those we know

Lord, in your Mercy: Hear our Prayer

Merciful God we pray for all who grieve for loved ones who have died. Be with them in their sorrow, lead them with your love to accept their loss and to go on with their lives. We raise before you those who have died recently and those whose anniversary falls at this time.

Lord, in your Mercy: Hear our Prayer

God of power, hear our prayers, and lead us as we go forward into another week strengthened and upheld by your love, the knowledge of the Gospel and the guidance of the Holy Spirit.

Merciful Father: accept these prayers for the sake of your Son, our Saviour, Jesus Christ. Amen

Much of our praying and spiritual growth is to do with learning to listen, deliberately putting down our preconceptions, pride and status so that we are able to take in what God is whispering into the humility of our unladen hearts. And sooner or later, that will always lead us to Jesus. *Susan Sayers*

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