

Vicar: Revd. Vivienne Hatton

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01642 958686 Like us on Facebook:

S Peter and S Paul Church Stainton
St Margaret's Brookfield
St Peter Hilton

www.staintonhiltonbrookfieldchurches.org.uk

Churchwardens:

Brookfield:

Positions vacant

Stainton:

Vernon Clare 01642 592186

Colin Mason 01642 591667

Hilton:

Barbara Sowerby 01642 591532 Sally Hamlin 01642 590385

Wednesdays at Brookfield

10.00am - Holy Communion 10.30am - Coffee Morning

Stainton - 15th

11.30am Holy Communion

HALL BOOKINGS

For St Margaret's Church Brookfield

Church Office 01642 597454

MESSENGER DISTRIBUTION

Brookfield Betty Spragg – 01642 284841

Stainton
David Gatenby – 01642 290918

Contributions for Messenger to David Gatenby David.gatenby@ntlworld.com

Our Administrator is Stephanie Barratt

Office Hours:

Tues, Thurs 10:30 - 11:30 hours Sat 09:00 - 11:00 hours Tel: 01642 597454

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To all my friends...

ECENTLY I was told that at least one other country values August as a month of rest so much that all building work is prohibited. Of course in this country things are different. Business and industry continues, albeit with a reduced workforce as many time their holidays with those designated by the schools.

Churches in areas of special need often step up their activities with lunch clubs for those suffering from the lack of free school dinners and with holiday clubs. Others, like us, take a break with the suspension of Coffee and Kids, The Filling Station and our bible study groups. The right response depends on the local circumstances.

Someone once told me that God doesn't take a break and neither should we. I didn't want an argument so I refrained from reminding him that Genesis 2:2 tells us that God rested on the 7th day after creating the world. God knows we need to rest and he even instructs us to do so (see Exodus 20:10). The gospels show that Jesus rested too.

I know that some of you will have a busy August, especially those who take care of grandchildren. There is a saying that "a change is as good as rest". I hope that this is true for you but also that you will be able to take your rest later.

As a church resting is not so much about doing nothing but using the time to reflect on where we are and where we want to be. I know that all three PCCs have been thinking about the future of the churches and we shall be discussing our plans in the Autumn so August is a good time to pray about this – maybe using the prayer for growth on our prayer diary.

It is also a good time to pray for yourselves and your own faith. Maybe God is wanting you to draw closer to him. In mid-September I am hoping to start a course called "The Difference" which will explore Christian spirituality and especially the difference that Jesus makes to our lives. There will be more details in the next magazine but please pray about whether this is something that might help you. I hope you all enjoy August whatever you might be doing.

Blessings, Vivienne

The Oak Tree

A mighty wind blew night and day It stole the oak tree's leaves away, then snapped it's boughs and pulled it's bark until the oak was tired and stark. But still the oak tree held its ground while other trees fell all around... The weary wind gave up and spoke, "How can you still be standing, Oak?" The oak tree said, "I know that you can break each branch of mine in two.



carry every leaf away, shake my limbs, and make me sway. But I have roots stretched in the earth, growing stronger since my birth. You'll never touch them, for you see, they are the deepest part of me. Until today, I wasn't sure of just how much I could endure. But now I've found, with thanks to you, I'm stronger than I ever knew."

Johnny Ray Ryder.

Services August 2019

Note Changes to the Normal Service Pattern!

Date Brookfield Stainton Hilton			
		Timings vary	
		Timings vary	
Holy Communion VH	Holy Communion VH	8am Holy Communion	
		VH	
No service	No service	Joint Holy Communion	
		10.30am Rev Bruce Harrison	
Morning Prayer Stuart	Songs of Praise Vernon	9.30am Morning Praise Noel Harker	
rumer	Clare	Noei Harker	
Holy Communion VH	Holy Communion VH	8am Holy Communion	
		VH	
	Morning Prayer Stuart Turner	9.15am unless otherwise stated Holy Communion VH Holy Communion VH No service No service Morning Prayer Stuart Turner Songs of Praise Vernon Clare	

Wednesdays at 10am at Brookfield:

Holy Communion 7th, 14th, 28th August;

Songs of Praise 21st August

Sunday 6th September – Joint Service of Holy Communion at Brookfield at 10.30am.

A NOTE FROM GRACE WHITEHEAD

I would like to thank you all for the Cards and good wishes I have received on my recent bereavement. Your love, prayers and support has comforted and sustained me, and is much appreciated. Thank you.

Grace.

The 20 Best Cathedrals in England



2. Canterbury Canterbury Cathedral in Canterbury, Kent, is one of the oldest and most famous Christian structures in England. It forms part of a World Heritage Site. It is the cathedral of the Archbishop of Canterbury, currently Justin Welby, leader of the Church of England and symbolic leader of the worldwide Anglican Communion. Its formal title is the Cathedral and Metro political Church of Christ at Canterbury.

Founded in 597, the cathedral was completely rebuilt between 1070 and 1077. The east end was greatly enlarged at the beginning of the 12th century, and largely rebuilt in the Gothic style following a fire in 1174, with significant eastward extensions to accommodate the flow of pilgrims visiting the shrine of Thomas Becket, the archbishop who was murdered in the cathedral in 1170. The Norman nave and transepts survived until the late 14th century, when they were demolished to make way for the present structures.

Before the English Reformation the cathedral was part of a Benedictine monastic community known as Christ Church, Canterbury, as well as being the seat of the archbishop.

The cathedral, which is one of the oldest and most famous Christian structures in England, is also the scene of one of the most infamous assassinations in English history – that of Thomas Beckett by the followers of his adversary, Henry II in 1120.

What's on ... August dates for your diary

Also – always check the weekly pewsheet

Weekly Events in our Group of Churches

Bible Fellowship GroupsMondays at 2pm in the Church Office

Coffee and Kids Pop-In

Wednesdays 10am Stainton Church Room

Everyone Welcome Drop-ins

Tuesdays 2pm-4pm Stainton Church Room
Thursdays 2pm-4pm Brookfield Church Hall
Wednesdays 10am (term-time) Hilton Church Wardens Hour

THE GRACE THEY FORGOT

Children often set us a good example, and here's an instance sent by Mancelli of Bulawayo, Rhodesia.

"I was having dinner in a restaurant" she says when a couple with a child of about five years of age took a table near me.

The waiter served them and the couple took up their soup spoons.

Then came a shrill voice; "Daddy we didn't say thank you to God.

As the family bowed their heads I risked a peep and found that several of the other diners had closed their eyes and bowed their heads as the child said grace.

Deborah Perks

COFFEE AND KIDS END OF TERM

Today, Wednesday 17th July was the last day for Coffee & Kids before the break for the Summer Holidays. All the children had a really good time!!

It was also time to celebrate Joseph's Birthday who will be 3 very soon.

We all had an early picnic lunch including a piece of Joseph's cake to take home.

The day ended with our usual singing of children's songs.

We start back on Wednesday the 4th of September at 10am, so if you want a couple of hours of enjoyable mayhem and let the children have a good time then please come along.

Vernon Clare





HILTON FILLING STATION

OUR 'Summer Party' on Tuesday 2nd July



THE sun was out, the tables decorated, BBQ lit, drinks were flowing, worship music played, lots of happy people congregated and a good time was had by all.

Whilst we were waiting for our supper, Dave Marley from Tees Valley Community Church, our Guest Speaker gave a short talk about the "Daniel Challenge" which provides an opportunity for young people to take a year out gaining valuable life skills.

Two young people from the team who had experienced the challenge, Lucas and Sophie shared people from the team who had experienced the challenge, Lucas and Sophie shared what they had learnt and how it had given them a future to serve God.

Please note; – no Filling Station Event in the month of August, this is our summer break, however, why not put the date Tuesday 3rd

September in your diary? We will be welcoming Joe Winterschladen, from TVCC to give a short talk on his chosen theme, "Respect ME".

1st October will be the first Tuesday in October so nice and early and good to remember. Kate Morris, St. Barnabas', Linthorpe has agreed to be our guest speaker for the evening.

Have a wonderful summer. Looking forward to seeing you all in the autumn.

EVERYONE WELCOME to any of our events.

Angela Sayer

Find our more at our Filling Station Webpage: http://thefillingstation.org.uk/station/hilton/

Drop In

The Drop In at St Margaret's Church, Brookfield which is every Thursday afternoon from 2pm till 4pm.

Since we started last October we have seen a steady stream of people wanting to come and chat over a cup of tea or coffee. People stay for as long as they wish (refills are plenty!) It is a chance to meet people and make new friends.

It is very friendly and informal.

We also have a book exchange which is proving very popular.

Thanks to everyone who has provided books for us along with all the volunteers.

Unwanted books are taken to a charity shop for other people to enjoy.

Please pass the word to friends and neighbours as we would love to welcome more people.

Stainton Parish Church have their Drop In on a Tuesday afternoon from 2pm till 4pm.

All very welcome.

Janet Granville

Holidays



Fisherman repairing a shrimp basket

T this time of the year, in summer, many people's thoughts turn to special days or weeks when they can relax and take time off. School children look forward to six weeks of freedom from lessons though this time can be somewhat daunting for parents unless they are good at planning child friendly activities. Very often the teachers have to spend much of their time preparing for the newcomers in their classes and their next term's work as well as caring for their own families.

Many adults reserve their hotel bookings months in advance with tickets to far off

destinations and prospects of visits to beautiful resorts, peace, quiet or busy and bustling. Whatever their choices, it is always hoped that their holidays will be pleasant and a complete change from their everyday existence.

For some, it could mean that they need to stay at home, caring for young children or grandchildren or supervising the catching up of household chores such as painting and decorating or gardening. For some there is no such pleasure if they are ill or housebound taking care of ill partners or other relatives. In the past, I have done my share of caring for children and the sick both at home and in hospital. At the time it was exhausting. I felt hopelessly weary so I think and pray for all those in such situations.

But happier memories do come to mind. Many years ago, two little boys, my sons and I spent holidays with aunts, uncles and cousins who loved nothing more than to buy new buckets and spades to make sand castles. These were decorated with little flags and sand pies or the children had great fun partly burying Daddy, Uncle and / or Granddad in the sand with just their heads and hands poking out. Supervising adults nearby had to prevent the squabbles and issue stern warnings when the youngest toddler decided it was fun to throw the loose sand around instead. Happy days!!

What children between the ages of 8 and 80 remember the pleasures of hunting in sand for sea shells in which, placed close to an ear, you might hear sounds of the sea, or perhaps you spent times examining rock pools for little wriggly creatures, crabs and tiny fish? Many I am sure, though this activity was not without its hazards. I can remember an aunt painfully twisting an ankle when she slipped on a seaweed covered rock. Fortunately I had a bag full of first aid items at my disposal so I was able to bandage up her ankle.

Best of all, when the cry went up "Who would like an ice-cream?" the reply was always, "Me, me, me!!" Then two or three older children or adults had to try carrying the melting ice-cream cones to eager children in the hot sunshine. Of course, the sun always seemed to shine and in those days there were always Punch and Judy shows to see or donkeys to ride nearby.

Picnics with home-made sandwiches were best eaten straight out of the wrapping paper before they became gritty with sandy sprinkles. After the war, I can remember wearing my newly knitted bathing costume which was slightly too big to allow for growth. Then how shocked I was when it slipped down to my ankles as I tried to jump over foaming waves. But I was only five years old.

Who liked sitting on a deck chair snuggled up wearing a coat and hat and a car rug around their knees because of the cold sea breezes! My Grandma and Granddad did.

My recent May holiday was more exotic. From Hartlepool with a local art group, this time was spent on a Greek island of Halki, a two hour ferry journey to the West of Rhodes. We passed some time sketching local scenes e.g. fishermen mending nets, repairing shrimp baskets and other local scenes such as fishing boats or a glorious sunrise. Last year, we visited Alymnia, on a boat trip to a nearby uninhabited island once occupied by Italians. This history of this was a tale for another day. There were the picturesque ruins of an Italian villa and a chapel perched on the shore surrounded by clearest turquoise Aegean waters. It brought to mind thoughts of the Bible story of Jesus and the fishermen and Moses with the parting of the seas.

The words of the hymn which begin, "Oh Lord my God, when I in awesome wonder...." are an inspiration to me.

When I was very young, little did I know that I would be lucky enough to see so many beautiful places? At Sunday school, I learned that the word holiday was derived from the words "holy day". Thesaurus says that it means and I quote "day of observance, festival, fete, gala day, carnival day, celebration, anniversary, public holiday, bank holiday" and so on.

So for the lucky person in the midst of checking lists of holiday items to take, clothes, tickets, passports, cameras and chargers, currency and letting the neighbours know so that they will keep an eye on the empty property next door, spare a thought and a prayer for the poor souls who, for various reasons are unable to leave home, cannot afford a holiday, a loaf of bread or perhaps have nowhere to sleep tonight.

Another quote from one of my favourite hymns begins..." Be still for the presence of the Lord, the Holy One is here" and from Genesis 2, verses 2 and 3.



"By the seventh day God completed His work which He had done and He rested on the seventh day from all His work which He had done. Then God blessed the seventh day and sanctified it because in it He rested from all His work which God had created and made."

Whatever summer brings to you and yours, I will think and pray for you all when I am on my next holiday.

Betty

Ruined Italian Villa on Alymnia - Greece

THOUGHT FOR THE MONTH



N 1933, shortly after assuming power as chancellor of Germany, Adolf Hitler moved forward with plans to turn the 1936 summer and winter Olympics into showcases for his regime. He ordered the construction of a massive new stadium in Berlin and channelled funds toward the completion of an airport to welcome international visitors.

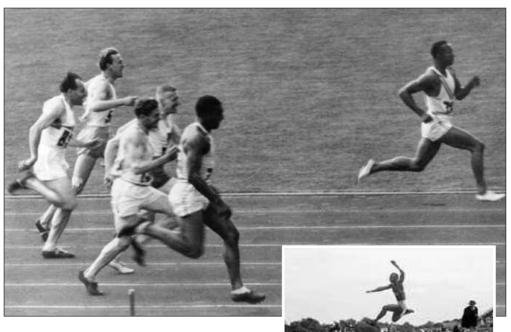
Additionally, the Summer Games were meant to be the first to reach audiences around the world via television, as well as the first to feature the now-traditional element of the Olympic torch relay.

Of course, while the Olympics are ostensibly designed to bring a multitude of races and cultures together in a spectacle of competition, the Fuhrer had little use for

such notions of unification. In fact, he deliberately hurt his country's chances for success by keeping Jews out of athletic clubs and events, eliminating potential Olympic medallists like high-jumper Gretel Bergmann.

Meanwhile, Jesse Owens had emerged as a track and field sensation in the States. He tied the world record in the 100-yards while still in high school, and his performance at the 1935 Big Ten Championships, in which he established three world records and matched a fourth over a span of 45 minutes, remains one of the most extraordinary accomplishments in collegiate sports history.

From almost the start, Owens seized the reins as the star of the 1936 Summer Olympics. He coasted to a gold medal in his



first event, the 100-metres, and followed with a highly publicized victory in the long jump. After setting an Olympic record in the 200metres en route to a third gold medal, Owens put the exclamation point on his showing by running the opening leg of a recordshattering U.S. 4x100 relay performance. He became the first American of any race to win four gold medals in track and field in a single Olympics, an achievement that stood unaccompanied until Carl 1984 Lewis matched him in Like other elite black athletes who grew up in an unequal society. Owens considered the moral stance against Germany to be hypocritical and wasn't inclined to surrender the chance to shine on a global stage. He eventually expressed his desire to compete in the Games, a position that drew the condemnation οf African-American publications.

Influenced by his parents who were strong believers in Jesus. Jessie lived as a courageous man of faith. During these games he befriended fellow athlete Luz Long, a German long jumper whom he defeated in the long jump. Surrounded by Nazi propaganda, Owens simple act of living out his faith impacted on Luz's life. Later Long wrote to Owens; "That hour in Berlin when I first spoke to you, when you had your knee upon the ground, I knew you were in prayer. I think I might believe in God. Owens demonstrated how believers can answer the Apostle Paul's charge to "hate what is evil" and be devoted to one another in love."

David Gatenby

The North – South Divide started a long time ago



Malmesbury Abbey

AROUND the year 1120ad a small party of Monks set out on a journey to the wastelands of northern England. They left Malmesbury Abbey at the end of summer and as they travelled they recorded what they found. There would be a bumper harvest this year and life was good.

The fertile southern Shires of England were thriving under Norman rule.

But as they journeyed north it soon gave way to mile upon mile of grim desolation. New Norman strongholds were being built at Gloucester and Worcester but outside of the Norman settlements land was abandoned and overgrown. Further north habitations were few and far between; the land had been unworked for about 50 years and was now wilderness. The few people they found lived pitiful lives in little more than hovels. The murder and destruction of 1069 (the harrying of the north by William the Conqueror) had been so complete in the rural areas that there was no one left to bury the dead. The monks recorded sun-bleached skeletons still lying where people had been slaughtered. It was worst to the west of the Pennines. In a few areas to the east things were beginning to recover. The strategic road to Scotland and the importance of York and Durham meant that the Normans had been careful to begin to rebuild and resettle. In this area stone Castles were built at Skelton and Whorlton, and Guisborough priory was established.

Stainton Church is built on a Norman foundation and there are fragments of Norman stone in the church.

There was no mention of a church in this area in the Doomsday Book of 1086ad but by 1119ad the whole area of Stainton parish and church was gifted to Guisborough priory by Robert de Brus of Skelton.

The first known Vicars of Stainton were sent from Guisborough Priory.

Joan Mason

Schedules and Rotas for August 2019

St. Margaret's, Brookfield

Sidespersons

- 4 Janet Henwood & Linda Nixon
- 11 Joint service at Hilton
- 18 Florence & Ray Harris
- 25 Janet & Malcolm Granville

Lectors

- 4 Betty Spragg
- 11 Joint service at Hilton
- 18 Jill Fox
- 25 Victor Spencer

Offertory

W/F 2nd

- 4 Flower Guild
- 11 Joint service at Hilton
- 18 Mothers Union
- 25 Sheila & Victor Spencer

(81) Mr R Harris

Flower Donors

- 4 Cynthia Eyre
- 11 Joint service at Hilton
- 18 Margaret Shippey
- 25 Grace Whitehead

Sunday morning Coffee

- 4 Cynthia Eyre
- 11 Joint service at Hilton
- 18 Judy Cook & Margaret Shippey
- 25 Karilyn Saddington & Grace Whitehead

Wednesday Coffee

- 4 Kathleen Smales
- 11 Grace Whitehead
- 18 Sheila Spencer
- 25 Margaret Andrew

(45) Mr N Smales

100 club winners June 2019

(11) Mrs A Bell

W/E 9th (82) Mrs J Hoggart (14) Mrs M Walton (151) Mrs G Whitehead W/E 16th (73) Mrs R Rowell (105) Mrs K Chapman (151) Mrs G Whitehead

W/E 23rd (102) Mr B Davison (112) Mrs O Hopkins (5) Mrs J Warin

W/E 30th (112) Mrs O Hopkins (35) Mrs Newbury (104) Mrs L Jackson





Outdoor service with favourite hymns



Featuring local music groups

Fun, family activities

SUNDAY 4th AUGUST, 4PM THE OVAL, ACKLAM (TS5 8ET)

Brookfield & Acklam Churches Together Together in our community





BROOKFIELD BRANCH

We meet on the second Tuesday each month at 2pm at St Margaret's Church Hall.

Our next meeting will be in church on Tuesday 10 September 2019.

Branch Leader: Florence Harris (Tel: 01642 594272)

STAINTON BRANCH

We meet on the third Monday each month at 7pm in the Parish Room of St Peter & St Paul Church, Stainton.

We will be holding an "Afternoon Tea" in the Parish Room on Saturday August 10th 2pm to 4 - 30pm, to celebrate Mary Sumner Day.

Tickets £4:00

Please come along and support the work of the Mothers' Union

Branch leader: Judith Clare (Tel: 01642 592186)

Reflections

- 1. I'm not into working out. My philosophy is no pain, no pain.
- 2. I'm in shape. Round in shape.
- 3. I've always wanted to be somebody but I should have been more specific.
- 4. Ever notice when you blow in a dog's face he gets mad at you but when you take him out in a car he sticks his head out the window?
- 5. Ever notice that anyone driving slower than you is an idiot but anyone going faster is a maniac?
- 6. You have to stay in shape. My mother started walking five miles a day when she was 60. She's 97 now and we have no idea where she is.
- 7. I have six locks on my door, all in a row. When I go out, I lock every other one. I figure no matter how long somebody stands there picking the locks, they are always locking three of them.
 - Taken from a Bucket of Surprises by J John & Mark Stibbe.

SHARING WITH A WORLD IN NEED

The cash collected for our charity from St Margaret's Service on the last Sunday in June went to:



We raised a total of £92.50

On the last Sunday in August, our collection – that's all the cash on the plate – will be going to:



CILC Sargent fights tirelessly to stop cancer destroying young lives.

Cancer doesn't discriminate. Today, 11 more children and young people will hear the devastating news that they have cancer.

From diagnosis, CLIC Sergent's specialist care teams will step in, ready to help, support and guide. They will provide a specialist package of support tailored to each young cancer patient and family. CLIC Sargent fights tirelessly for children and young people with cancer, often when they feel they can't.

They do this individually, locally and nationally, so that they can focus on the important things, like getting well. And if the worst happens, they will work with bereaved families to get them support, to help them cope with their emotional pain. CLIC Sargent was formed in 2005 after a successful merger between CLIC and Sargent Cancer Care for Children.

If you need more information please visit:

clicsargent.org.uk



Open Air Big Sing

The 'open air' big sing was held in Meldyke Lane on Sunday July 21st (4pm)

It was very well-attended and it was led by Revered Sue Greenwood and Reverend Vivienne Hatton. The Lockwood Brass Band, yet again, gave a sublime performance.

Thank you to the Hall Committee for their donation to the Lockwood Brass Band, and also to everyone

who brought cakes and sandwiches for the refreshments which was held in the Memorial Hall, and to everyone who helped out on the day.

The readings this year where read out by Deborah Perks and Judith Clare.

A couple of birthdays where being celebrated on the day one of which was our very own Joan Mason.

Deborah Perks

144 14 1 1

Coming together is a beginning; Keeping together is progress; Working together is success.

(Edward Everett Hale)

Blue Bell Beck

The Tees Valley Wildlife Trust have joined up with Ageing Better Middlesbrough and volunteers from parks and green space friends groups to share Middlesbrough's special green places. There was a Medieval Herbal Walk in Fairy Dell in June, Blue Bell Beck on 4th July, Stewart Park on 24th of July.

I was asked to take photos and join the Middlesbrough Meadow Ramble down Blue Bell Beck which is a beautiful ribbon of countryside running alongside Acklam.

Above: Martin and Anne in front of the notice board.

Below: Andy Preston. **Bottom:** Discussing the walk

We gathered at the information board in Malvern Drive. There were about 15 folks, including our new Mayor Andy Preston, who spent a little time with the company. The Ramble was led by Martin Alan, a local botanist and wild flower enthusiast. We looked at land on the Oval side of Malvern Drive and then walked along Earlsdon Ave then we were all amazed at some of the front lawns before the chicane. The first one we looked at was full of native wild flowers of which there were two different types of Orchids... this area

had purposely been left uncut. Another garden was a mass of white flowers. We walked over the road and into Blue Bell Beck area near where there had been the farm house and buildings. This land had all been originally part of the Acklam Hall Estate owned by the Hustlers, as indeed our farm, Netherby which is now the Municipal Golf Course had been. As we walked through the area we were observing the different wild flowers in the meadow area, depending on the situation and soil type. There are several wooden sculptures created by Steve Iredale with his chain saw.

The volunteers, led by Anne Dawson, meet and work weekly to do the necessary jobs, maintenance etc.



The morning concluded with elderflower cordial and Bramble muffins, the brambles picked from Blue Bell Beck last year.

We have a Stainton Village History and Wander on Thursday 12th September 10 am—noon, starting from the Parish Room, you are welcome to join us to see Kell Gate Green and the Stainton Quarry.

Elizabeth Revett

St. Margaret's Church Centre User Groups

For letting enquiries contact the Church Office on 01642 597454 or email: letting@stmargaretsbrookfield.org.uk

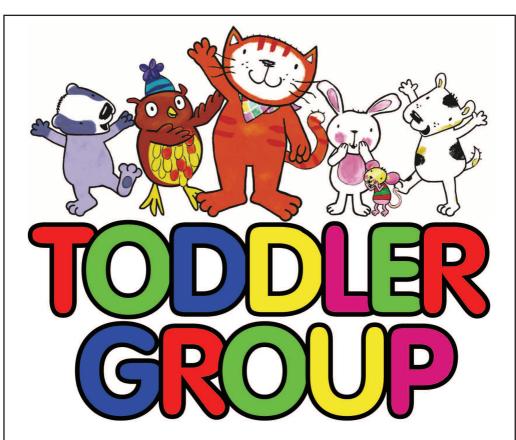
Group Name	Meeting times	Leader/contact
Brookfield Toddlers	9:30am to 11:30am Mondays	Val Thompson 01642 821068
		during term times
Elderberry Ladies Ballet	1.00pm to 2.00pm Mondays	Maggie Lawrance 07956816956
Yoga	6.30pm-8.00pm Mondays	Emma Lawrence 07944 593441
Tai Chi	10:30am Tuesdays	Pam Hedge 01642 532800
Weight Watchers	5.30pm-6.30pm Tuesdays	Dawn Stanway 07767 454707
The Wine Club	7:30pm on 1st & 3rd Tuesdays monthly	Val Harris 01642 592079
Mothers' Union Branch	2.00pm on the 2nd Tuesday of each month	Florence Harris 01642 594272
St Margaret's Carpet Bowls Club	1.15pm-3:15pm Wednesdays	Ann Stones 01642 593960
Brookfield Ladies	7:30pm 1st Wednesday each month	Jean Kiddell 01642 761418
The Art Group	10.00am-1pm Thursdays	Ray Harris 01642 594272
Pilates	6.00pm-7.00pm Thursdays	Christine Johnson 07999384668
Line Dancing	7:30pm-9:30pm Thursdays	Judy Cook 01642 290487
Keep Fit	10.00am -11:30am Fridays	Brenda Hockney 01642 487703



Middlesbrough Foodbank relies on your goodwill and support

URGENTLY NEEDED FOOD ITEMS:-

- UHT/Powdered milk Long-life fruit juice/cordial
 - Sponge Puddings Coffee Rice Pudding
 - Packet Mash or Tinned Potatoes
 - Tinned Carrots, Sweetcorn, Mixed Vegetables
- Tinned Fruit Tinned Meat (Ham, Spam, Corned Beef, Hotdogs, Pies, Stews and Curries.



9:30am to II:30am Mondays*
At St Margaret's Church Hall
The Oval, Brookfield

£1/first child & 50p/extra child (Includes hot drink & juice)

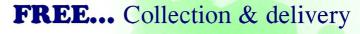
NO CHARGE FOR ADULTS!

*TERM TIME ONLY

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