

end to fear; for comfort and support to those who suffer; for calm in our streets and cities, that people may go about their lives in safety and peace. In your mercy, hear our prayers, now and always. Amen. *Pray for Los Angeles (The Episcopal Church) The Right Revd John Harvey Taylor Swaziland (Southern Africa) The Right Revd Ellinah Nfombi Wamukoya (Anglican Cycle of Prayer)*

THURSDAY 30

Father, we pray for those who teach others; for all involved in every aspect of education. May they have wisdom, integrity, patience and a commitment to share all that is good and right. We pray for all those who are taught, for children and young people, especially for those just beginning school or changing schools, and for those studying away from home for the first time in their lives. Guide and encourage them on their journey. *Pray for Louisiana (The Episcopal Church) The Right Revd Morris Thompson, Jr. Sydney (Australia) The Most Revd Dr Glenn Davies Tabora (Tanzania) The Right Revd Elias Chakupewa (Anglican Cycle of Prayer)*

FRIDAY 31

Have mercy, O God, on those who are victims of man's inhumanity to man; defenseless people in hideous war zones; families robbed of those they love; prisoners of war, ill-treated and tortured; old people and children dying of starvation; and those who still bear the scars of former wars. Lord, give to the nations wisdom to understand the things that belong to their peace, and the will to reject the things that make for war. And we pray that, realising our common humanity, we may live together as a family and make the world a home, bearing one another's burdens, ministering to one another's needs, and obeying your laws in righteousness, as children of one God and Father in Jesus Christ our Lord. *Pray for Luapula (Central Africa) The Right Revd Robert Mumbi Taita-Taveta (Kenya) The Right Revd Liverson Mng'onda (Anglican Cycle of Prayer)*

**The Archdeaconry of Helderberg to submit their prayers
by 6 January 2020**

**PRAYERS FOR PARISHES AND PEOPLE OF THE DIOCESE OF FALSE BAY
PREPARED BY MIDGE AND MIKE GRAHAM
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**PRAYERS AND INTERCESSIONS
FOR THE PEOPLE AND PARISHES OF
THE DIOCESE OF FALSE BAY**

JANUARY 2020

PRAYER THOUGHT FOR THE MONTH:
Prayer is your personal appointment with God.

PRAYERS FOR THE DIOCESE OF FALSE BAY AND IT'S PEOPLE

EVENTS IN THIS WEEK: 1-11 January
1 NEW YEARS DAY
10-12 AWF Executive Retreat Kleinmond

WEDNESDAY 1-THE HOLY NAME OF JESUS: THE CIRCUMCISION OF CHRIST
Holy Father, God of our yesterdays, our today, and our tomorrows. We praise You for Your unequalled greatness. Thank You for the year behind us and for the year ahead. Help us in Your new year, Father, to fret less and laugh more. To teach our children to laugh, by laughing with them. To teach others to love, by loving them. Thank You for another new year and for new chances every day. We pray for peace, for light, and for hope, that we might spread them to others. Forgive us for falling short this past year. We leave the irreparable past in your hands, and step out into the unknown new year knowing You will go with us. We accept your gift of a new year and we rejoice in what's ahead, depending on you to help us do exactly what you want. In Jesus name, we pray. Amen. *Pray for Lagos (Nigeria) The Right Revd Humphery Olumakaiye Lagos Mainland (Nigeria) The Right Revd B C Akinpelu Johnson Lagos West (Nigeria) The Right Revd James Olusola Odedeji (Anglican Cycle of Prayer)*

THURSDAY 2-

Oh God, all peoples have their origin in you and it is your will to gather them as one family in yourself. Fill the hearts of all people with your love and the desire to ensure justice for all their brothers and sisters. By sharing the good things of the earth, may we secure justice and equality for every human being, an end to all division, and a human society built on love and peace. We make this prayer in Jesus' name. Amen. *Pray for Lahore (Pakistan) The Right Revd Irfan Jamil South Western Brazil (Brazil) The Right Revd Francisco De Assis Da Silva Southeast Florida (The Episcopal Church) The Right Revd Peter Eaton (Anglican Cycle of Prayer)*

FRIDAY 3

Lord Jesus, we turn our thoughts and prayers to those who are in physical, mental or spiritual need. And let our prayers extend to those who faithfully and lovingly care for them in whatever location or capacity. We pray for those who reach out to people in need, to help them to know that they are not forgotten. We bring before you now those known to us who are in any sort of

need at this time. In a moment of silence we name them in our hearts and commit them to your loving care (silence). Let those for whom we pray feel your healing touch in their lives and that through your unfathomable grace they come to know your peace in their lives. Lord in Your mercy, 'Hear our prayer' *Pray for Lainya (South Sudan) vacant Southeastern Mexico (Mexico) The Right Revd Benito Juarez-Martinez (Anglican Cycle of Prayer)*

SATURDAY 4

Heavenly Father, help us in our modern, sometimes confusing and fast changing world to pause and reflect on your glory and unending grace and in the stillness to listen, for your voice speaking to us alone. As we pray for the Church both far and near we remember the great commission to do and make disciples of all nations. Help us through our services, community outreaches, house groups and other organisations to be bold in our professing that Christ is Saviour and Lord of all. We pray especially for Bishop Margaret, that she will know your presence along her journey of faith. We pray for all who share in the church's mission in this community. Help us to move forward in faith trusting in the guidance of your Holy Spirit and in your divine purpose for us all. *Pray for Lake Malawi (Central Africa) The Right Revd Francis Kaulanda Southern Brazil (Brazil) The Right Revd Humberto Maiztegue Goncalves Gippsland (Australia) The Right Revd Dr Richard Treloar (Anglican Cycle of Prayer)*

SUNDAY 5- SECOND SUNDAY AFTER CHRISTMAS

Father, be with the leaders of your flock in their needs today. Help your bishops and priests to interpret the Gospel message with clarity and urgency, witnessing in their own lives to the teaching and example of Christ. Fortify and encourage those among them who are fearful and confused; be truly a Father to those who have fallen away. Bless those who are involved in new responses to contemporary needs; guide those who direct and foster dialogue with other Christians, with non-Christians and with the secular city. Assist those who are trying to promote Christian values, that with zeal tempered by prudence, and in the framework of lawful authority, they may help to build up a truly Christian world for man. Send your Holy Spirit in a new outpouring, so that under these leaders chosen by you, the entire People of God may progress in a harmonious cooperation towards their final consummation in unity, truth and love by, with and in your Son Jesus Christ. Amen. *Pray for the Anglican Church in Aotearoa, New Zealand and Polynesia The Most Revd Philip Richardson - Bishop of Taranaki and Primate The Most Revd Don Tamihere - Pihopa o Aotearora and Primate The Most Revd Fereimi Cama - Bishop of Polynesia and Primate (Anglican Cycle of Prayer)*

MONDAY 6-THE EPIPHANY OF OUR LORD

During these days of the Christmas season, we keep this Feast of Epiphany, celebrating the manifestation of Christ to the Magi, and thereby to the whole world. Today, Christ is manifest to us! Today this church is a holy place because of the presence of Christ here. O God, Lord of all that exists, you revealed your only-begotten Son to every nation by the guidance of a star. Bless this church and all who worship in it. Fill each of us with the light of Christ, that our concern for others may reflect your love. May we, through your guidance and our faithful obedience, find new ways of holding the Light of your love so that it may be a Light of revelation for all people. We thank you for your love, praise you for your Gift, ask for your continued Presence with us, and bring these petitions in the name of your Son, who has truly revealed your heart. Amen. *Pray for Lake Rukwa (Tanzania) The Right Revd Mathayo Kasagara Southern Highlands (Tanzania) The Right Revd Julius Lugendo Gitega (Burundi) The Right Revd John Nduwayo (Anglican Cycle of Prayer)*

TUESDAY 7

We pray for all Confirmands. We ask for God's blessing on all who have or are receiving instruc-

SATURDAY 25-THE CONVERSION OF ST PAUL

Heavenly Father, maker of all things and giver of life, have mercy on all the nations of the world. Send down your abundant peace on every creature. Let there be calm where there is violence; peace where there is war; freedom where there is bondage; love and unity where there is strife; abundance of food where there is starvation; good health where there is sickness. These and other good things we ask of you, through our Lord and Saviour, Jesus Christ. *Pray for Lomega (South Sudan) The Most Revd Paul Benjamin Yugusuk Sunyani (West Africa) The Right Revd Festus Yeboah-Asuamah Grahamstown (Southern Africa) The Right Revd Ebenezer Ntali (Anglican Cycle of Prayer)*

EVENTS IN THIS WEEK: 27-31 January

26 CLGB Communion Service @ Bredasdorp
30 DIOCESAN CHAPTER
31-2 Feb MU LOA Committee phase 2
31-1 Feb Girls Bafana Friendly Society Opening @Lwandle

SUNDAY 26-THIRD SUNDAY AFTER EPIPHANY

Almighty God, you have given us this good land for our heritage. We humbly ask you that we may always prove ourselves a people mindful of your favour and glad to do your will. Bless our land with honourable endeavour, sound learning and pure manners. Save us from violence, discord and confusion, from pride and arrogance, and from every evil way. Defend our liberties and fashion into one united people the multitude brought here out of many nations and tongues. Endow with the Spirit of wisdom those to whom in your name we entrust the authority of government, that there may be justice and peace and home, and that through obedience to your law we may show forth your praise among the nations on earth. In time of prosperity fill our hearts with thankfulness, and in the day of trouble do not allow our trust in you to fail. Amen. *Pray for the Igreja Episcopal Anglicana do Brasil The Most Revd Naudal Alves Gomes - Primate of Brazil & Bishop of Curitiba (Anglican Cycle of Prayer)*

MONDAY 27-John Chrysostom, Bishop of Constantinople and Teacher of the Faith, 407

Heavenly Father, you have committed to our care those who live in this Diocese. We cannot know all the different people around us, but we ask that your Holy Spirit will guide us this week to those situations where we can minister something of your love and compassion. Help us to rejoice with those who rejoice, weep with those who weep, and bring practical solutions to problems we encounter. *Pray for London (England) The Right Revd and Right Hon Sarah Mullally (Anglican Cycle of Prayer)*

TUESDAY 28-Thomas Aquinas, Teacher of the Faith, 1274

Merciful Father, be with those in our prisons who have offended against the law. May they come to know your love and forgiveness, and turn to you in true repentance, that they may have hope for the future and the opportunity of making a fresh start. Lord, be with all political prisoners; grant that they will not feel forgotten by the world at large. Give them courage and hope in their ordeal and help them according to their needs. *Pray for Long Island (The Episcopal Church) The Right Revd Lawrence Provenzano Swansea & Brecon (Wales) The Most Revd John Davies (Primate) Guadalcanal (Melanesia) The Right Revd Nathan Tome (Anglican Cycle of Prayer)*

WEDNESDAY 29-Charles Frederick Mackenzie, Bishop in Central Africa, 1862

Gracious God, we pray for peace in our communities this day. We commit to you all who work for peace and an end to tensions, and those who work to uphold law and justice. We pray for an

(England) *The Right Revd Alan Smith Gombe (Nigeria) The Right Revd Henry Ndukuba (Anglican Cycle of Prayer)*

TUESDAY 21-Agnes, Martyr at Rome, c.304

Father of mercy and love, we come to you in prayer as we make this journey of faith and trust. In your providence you sent your Son into the world to free us from the bondage of sin and enrich us with the gifts of the Holy Spirit. He sent His disciples to be bearers of His love and power and to proclaim the Gospel of life to all peoples. We recommit ourselves, as a Diocese, to carry the Gospel of Christ to all those entrusted to our care. This is a time of great challenge but also of great opportunity. Strengthened by Your word, we set our eyes on “a future full of hope.” We ask your guidance and pray that your Spirit may enlighten our hearts and minds during this process of reflection and reorganization. Shower us with your blessings on this journey. Give us patience and courage that we may reflect honestly upon our mission and ministries. Empower us to formulate recommendations and implement plans which will enhance the vitality of parish life and strengthen our efforts to bring about a new evangelization and sustain us to see this task to its completion. We ask this in the name of Jesus Christ, our savior and brother. *Pray for Liverpool (England) The Right Revd Paul Bayes St Asaph (Wales) The Right Revd Gregory Cameron Grafton (Australia) The Right Revd Dr Murray Harvey (Anglican Cycle of Prayer)*

WEDNESDAY 22

Gracious and loving God, we ask you to send your Holy Spirit upon our Diocese to fill us with love. Make us instruments of your love to everyone that we encounter at home, at work, in our neighborhoods, and in our parish community. Work through us so that we can bring your truth to those who are searching for you. Help us to grow in gratitude so that we can recognize and thank you for all the good things you have given us. Instill in us a deep sense of generosity so that we are willing to share our gifts, our talents, our time, and our financial resources. Deepen our desire to follow your will and to do all things for your honor and glory. We ask this through Jesus Christ, Our Lord and Savior. Amen. *Pray for St Davids (Wales) The Right Revd Joanna Penberthy (Anglican Cycle of Prayer)*

THURSDAY 23-Yona Kanamuzeyi, Deacon and Martyr in Africa, 1964

Gracious and loving God, as we gather in Your name, lead us into a deeper encounter with Your Son, Jesus Christ who transforms us by Your grace and reveals Your active presence in our lives. By the power of Your Spirit, help us become better stewards of Your abundant blessings, Open our hearts to the needs of our Church and to the hunger in the world. In this new year, we pray to you for our Priests, show us how to nurture them, walk with them and labor with them to hasten Your kingdom. We ask this through Christ, Our Lord. Amen. *Pray for Llandaff (Wales) The Right Revd June Osborne St Edmundsbury & Ipswich (England) The Right Revd Martin Seeley St Helena (Southern Africa) The Right Revd Dale Bowers (Anglican Cycle of Prayer)*

FRIDAY 24-Francis de Sales, Bishop of Geneva. 1622

God of all creation, as we look at the environment, your divine power and immense love are ever present. We thank you for the beautiful creation and abundant resources you have provided your children. We ask for your help in revealing how we can be better stewards of your creation. Help us to use only the resources we need, never being selfish by taking more than necessary. Please give us the opportunity to appropriately share our wealth with those who are less fortunate instead of disposing of our surplus. Help us to remember that the environment is home to all life and that we must take up the responsibility to ensure all life is respected. We thank you for this day and ask for your blessing on this journey. Amen. *Pray for Lokoja (Nigeria) The Most Revd Emmanuel Sokowamju Egbunu St Mark the Evangelist (Southern Africa) The Right Revd Martin Breytenbach (Anglican Cycle of Prayer)*

tion and preparation for confirmation and pray that the Holy Spirit will work in their Hearts and minds, that they fully commit themselves to Jesus Christ and that they may continue steadfast in the faith and fellowship of the church. *Pray for Lango (Uganda) The Right Revd Alfred Olwa Southern Malawi (Central Africa) The Right Revd Alinafe Kalemba Glasgow & Gallo-way (Scotland) vacant (Anglican Cycle of Prayer)*

WEDNESDAY 8

Creator God, we praise you for the diversity of your people and cultures across the world. We acknowledge that this can lead to fear, distrust and conflict, and we pray your peace may spread across races and religions, within our communities and families. We pray for the needs of your world, for communities devastated by Aids, for refugees, children hungry and wounded, for victims of natural disasters, for people desperately weary of war and religious persecution.. We pray that the world's leaders may have wisdom to seek, not revenge, but justice and equality, with understanding and compassion for human frailty and a willingness to forgive. *Pray for Langtang (Nigeria) The Right Revd Stanley Fube Southern Nyanza (Kenya) The Right Revd James Ochiel (Anglican Cycle of Prayer)*

THURSDAY 9-

God of all creation, we thank you and praise you for all the blessings we have received, especially the gift of your unconditional love, your Son, Jesus Christ. Encircle our families and this Diocese of False Bay with the power of your Holy Spirit. Strengthen us in the ways of faith, hope, love, mercy, peace and compassion. Make us aware of our responsibility to care for your creation, to reach out to our brothers and sisters who are poor and in need, and to act with justice and love for one another in our daily lives. *Pray for Lebombo (Southern Africa) The Right Revd Carlos Simao Matsinhe Southern Ohio (The Episcopal Church) The Right Revd Thomas Breidenthal Southern Philippines (Philippines) The Right Revd Danilo Labacanacruz Bustamante (Anglican Cycle of Prayer)*

FRIDAY 10-William Laud, Archbishop of Canterbury and Martyr, 1645

O blessed Lord, you ministered to all who came to you: Look with compassion upon all who through addiction have lost their health and freedom. Restore to them the assurance of your unfailing mercy; remove from them the fears that overwhelmed them; strengthen them in the work of their recovery; and to those who care for them, give patient understanding and persevering love. *Pray for Leeds (England) The Right Revd Nicholas Baines (Anglican Cycle of Prayer)*

SATURDAY 11-THE HOLY INNOCENTS

We pray and give thanks to God for all who are ready to help the overburdened. Pray for the peoples of Africa for whom the Cross has such deep meaning. Pray for forgiveness of those who are unwilling to help and who turn a blind eye to the needs and challenges of this life. We pray for all who suffer on behalf of others. *Pray for Leicester (England) The Right Revd Martyn James Snow Southern Virginia (The Episcopal Church) The Right Revd Herman Holterith Gloucester (England) The Right Revd Rachel Treweek (Anglican Cycle of Prayer)*

EVENTS IN THIS WEEK: 12-18 January

- : 15 Schools open
- : 17-19 Post Ordination Training Orientation
- : 18 St Mary Magd. Guild Executive
- : 18 Mountain Bay Clergy Family Day - Kalk Bay
- : 18 MU Exe & Resolutions Comm. Harare

SUNDAY 12-FIRST SUNDAY AFTER EPIPHANY-THE BAPTISM OF CHRIST

Hear our prayer, Lord, for the friendship we find within the family of the church. We are grateful for the support and goodwill of Christian friends around us. This is part of the joy of belonging to the church family. The comfort, peace and love of Christian friendship gives us strength. As we find these joys in our own lives may we also give them. Help us to love and serve each other so that our thankfulness is expressed in deed as well as word. Almighty God, open our hearts that we may welcome the stranger and share our faith with others; open wide our minds that we may receive new truth and understand your will; open wide our doors that as we have come in to worship so we may go out with you to the service of the world; open wide our lives that through discipline and prayer we may experience your power in daily living. *Pray for Pray for the Anglican Church of Australia The Most Revd Philip Leslie Freier - Archbishop of Melbourne & Primate of Australia (Anglican Cycle of Prayer)*

MONDAY 13-Hillary, Bishop of Poitiers and Teacher of the Faith, 368

O God, we pray for all the various ministries within our diocese. We pray that they may work in unity and harmony and support each other through meetings, work and prayer. Let them realize their goals. We pray for their leaders that they may put you first and be guided by you in their lives. *Pray for Lesotho (Southern Africa) The Right Revd Adam Mallane Taaso Southwark (England) The Right Revd Christopher Chessun (Anglican Cycle of Prayer)*

TUESDAY 14-Richard Benson of Cowley, Religious, 1915

Heavenly Father, we thank you for our friends, and especially those who have shared our troubles and sorrows in times past and have supported us in life's dark valleys. Help us to value our friends and to regard each one as a gift and token of your love. And make us ready to extend friendship to those around us and to remember the lonely, the housebound, and those who need a friend's helping hand. *Pray for Lexington (The Episcopal Church) The Right Revd Mark van Koevering Southwell & Nottingham (England) The Right Revd Paul Gavin Williams (Anglican Cycle of Prayer)*

WEDNESDAY 15

Almighty Father, we pray for our young children that they may develop naturally in body, mind and spirit. We pray for our teenagers: help them to grow in love and understanding, and to treat themselves and others with respect. We pray for those who are married: help them to go on growing in love and understanding. Where there are difficulties, show them how to overcome them. Where there is failure, assure them of Christian forgiveness and of grace for the future. We pray for those who are bringing up their families alone: may human friendship enrich their lives, and service bring them fulfilment. *Pray for Liberia (West Africa) The Most Revd Jonathan Bau-Bau Bonaparte Hart (Primate) Southwest Florida (The Episcopal Church) The Right Revd Dabney Smith*

THURSDAY 16

We pray for our local community, all who serve on the Parish Council, that all may try to do what is right and seek the common good. We pray for all who organise clubs and societies that bring people together; for our local police officers and other services. We remember the old and frail, at home, in sheltered accommodation and in care homes locally. May all find security, dignity and tranquility. We ask your strength and guidance for all who have the care of the elderly. Help us, Lord, as your people, to be good neighbours in the community, showing your love in our lives. *Pray for Lichfield (England) The Right Revd Michael Iprgrave Southwestern Virginia (The Episcopal Church) The Right Revd Mark Allen Bourlakas (Anglican Cycle of Prayer)*

FRIDAY 17-Antony of Egypt, Founder of the Religious life, 356

Heavenly Father, we thank you for the witness of your Church throughout the world and for the places where there is a new freedom to worship you freely. We pray for your guiding hand upon them as they face the changes and new problems which may come. Be with your people in those countries where your church still faces oppression and persecution and give your people strength and courage to stand for what is right. Guide the church leaders in our country, as they face the problems of the present day. Direct their thoughts and give them wisdom in their decisions. We pray for all churches in our Diocese, and ask for your blessing on them as they go forward in your Name. Bless the work and worship of our churches that each may be a house of prayer, a centre of Christian teaching, a community of service and a witness to your redeeming love. *Pray for Limerick & Killaloe (Ireland) The Right Revd Kenneth Kearon Spokane (The Episcopal Church) The Right Revd Gretchen Rehberg (Anglican Cycle of Prayer)*

SATURDAY 18-CONFESSION OF ST PETER

O Judge of the nations, we remember before you with grateful hearts the men and women of our country who in the day of decision ventured much for the liberties we now enjoy. Grant that we may not rest until all the people of this land share the benefits of true freedom and gladly accept its disciplines. This we ask in the Name of Jesus Christ our Lord. *Pray for Lincoln (England) The Right Revd David Court (Acting Bishop) Springfield (The Episcopal Church) The Right Revd Daniel Martins Goma (Congo) The Right Revd Kadhoru Desire Makanirwa (Anglican Cycle of Prayer)*

EVENTS IN THIS WEEK: 19-25 January

- 19 Bernard Mizeki Guild Dexco @ Muizenberg
- 24-25 B/Downs People's Conference @ Kuils River
- 24-26 Mothers Union Retreat
- 25 St Mary Magd. Guild Retreat @ Mfuleni
- 25 B. Mizeki Guild Opening Service St Peter.
- 25 AWF Quiet Day
- 25-28 Mothers Union Wave of Prayer

SUNDAY 19-SECOND SUNDAY AFTER EPIPHANY

In this Diocese, we pray for a growing unity with Christians of other denominations. For the church officers and members of the church council in their responsibility as leaders. For the teaching ministry of this church that we may be well equipped and instructed in the truths of our faith. For those who have the care of children and young people. For those who share in the ministry of care, council and comfort and those to whom they minister. For our civic leaders and those who maintain the health and safety of our community. For ourselves as church members, that we may have grace to proclaim through our lives the joy of Christ's victory. *Pray for the united Church of Bangladesh The Most Revd Samuel Sunil Mankhin - Moderator, Church of Bangladesh & Bishop of Kushtia (Anglican Cycle of Prayer)*

MONDAY 20

God our loving Father, you made us your children in baptism. Pour out on us afresh the gifts of your Holy Spirit. May you will be done in all things. Help us as a Diocese to know the paths we must follow so as to build up your kingdom. Teach us to grow in faith, to encourage one another with words of hope, and to care for your family with love. Help us to bear witness to the good news and be faithful followers of your Son, our Lord Jesus Christ. Amen. *Pray for Litoral Ecuador (The Episcopal Church) The Right Revd Alfredo Morante St Albans*